



義順中學

YISHUN SECONDARY SCHOOL

4 Yishun Street 71, Singapore 768516 Tel: 68767129 Fax: 67557748

8 August 2022

PARENT ENGAGEMENT TALK: STRENGTHENING MENTAL WELL-BEING OF CHILDREN

Dear Parents

1. To support you in your journey in strengthening mental well-being of your children, Yishun Secondary School is coordinating a Parent Engagement Talk.
2. Children today deal with a whole array of challenges on different fronts, which can sometimes take a toll on their physical and mental health, as well as overall wellbeing. Early detection is important for prevention, intervention and a good prognosis. Come and join us as we sharpen our lenses on how to monitor and spot signs that might provide important information regarding the well-being of your children. Take away some ideas about how you can provide a safe space for mental health focused conversations in your homes today.
3. We are pleased to invite you to attend the webinar free of charge. The schedule of the webinar in English is as follows:

Title of Talk	Date and Time	Mode
Spot and Support: The First Few Steps in Taking Care of Our Children's Mental Health	17 Aug (Wed) 8:00pm -9:00pm	Zoom

4. You may sign-up for the webinars by clicking on this registration link <https://form.gov.sg/62f07a1efedc360013412c90>
5. Registration is open from **8 to 14 August 2022**.
6. For enquiries, please contact Ms Lathika at 68767129.
7. We look forward to your participation in this programme.

Thank you.

Mr Michael Tan
Vice-Principal

WE SEEK, WE STRIVE, WE SOAR