

Sec 1 Cohort Camp Briefing

14 Sep 2022

5:00 pm – 6:00 pm



Programme

- 5:00 pm Introduction briefing by Mrs Lee, Principal, YSS
- 5:10 pm Sharing of experience by students
- 5:15 pm Briefing on camp by HOD PE/CCA
- 5:35 pm Q & A
- 6:00 pm End



Outdoor Education Masterplan



Providing Holistic Education

- MOE aims to have every child experience a holistic education so as to develop well-rounded individuals.
- Outdoor Education (OE) provides rich learning experiences outside the classroom that can help our students develop **resilience and ruggedness.**
- Authentic learning experiences help our students develop 21st century competencies as well as competencies for sustainable active and healthy living.



Outdoor Adventure Learning Experiences for ALL



Lower Primary	Upper Primary	Lower Secondary	Upper Secondary
Outdoor Education in Physical Education Curriculum Outdoor skills Outdoor safety Sense of Place			
Programme for Active Learning (PAL)	3D2N Cohort Camp	4D3N Cohort Camp	5D4N Multi-school Cohort Camp in OBS
Cohort Camp Objectives <ul style="list-style-type: none">• Build confidence and resilience• Value diversity through close-knit interaction opportunities• Forge camaraderie through common challenging experiences• Develop a sense of place• Lay the foundation for active and healthy living			
			A photograph of a young woman wearing a white helmet and a blue and white shirt, participating in a ziplining activity. She is holding onto a rope and looking upwards.



LEARNING GOALS



Ministry of Education
SINGAPORE

OE in PE Curriculum

Strands	MOE OAL Cohort Camp	
	Primary 5	Secondary 1
Enhancing physical health and well-being	<ul style="list-style-type: none"> Apply basic navigation skills in a journey using pictorial charts Apply key principles and considerations of packing for a day journey 	<ul style="list-style-type: none"> Apply navigation skills to plan and undertake a journey using a simplified map Apply key principles and considerations to plan and cook a meal with appropriate nutrition in the outdoors, using portable stoves and utensils
Building competency in risk assessment and management	<ul style="list-style-type: none"> Have safety awareness and manage one's safety during outdoor activities 	<ul style="list-style-type: none"> Apply strategies to identify hazards and manage risks to protect self and others during outdoor activities
Developing a sense of place	<ul style="list-style-type: none"> Enjoy and be curious about the outdoors 	<ul style="list-style-type: none"> Develop an appreciation for the outdoors Demonstrate care for the environment

CCE Curriculum

Themes	MOE OAL Cohort Camp	
	Primary 5	Secondary 1
Becoming my best self	<ul style="list-style-type: none"> Be self-aware and manage own emotions, actions and well-being Respond to challenging tasks positively 	<ul style="list-style-type: none"> Be reflective for improvement of self and one's circumstances Persevere to complete a task despite challenges
Making connections	<ul style="list-style-type: none"> Build positive relationships with group members Collaborate with group members to achieve group goals 	<ul style="list-style-type: none"> Value diversity in the group Contribute effectively to group goals
Making choices	<ul style="list-style-type: none"> Demonstrate responsible decision making towards self, others and the community and environment. 	



Key Pedagogical Approaches

- **Experiential Learning Approach**

Build upon past experiences and learn by making personal meaning of their new experiences through the process of reflection.

- **Place-Responsive Approach**

Using the place as a foreground to enrich students' understanding and appreciation of local places.



Programme Design Principles

Provide opportunities for students to:

- Exercise agency
- Exercise and develop competence
- Collaborate with others



Camp details

Dates

26 – 28 Oct 2022 (Wednesday – Friday)

Reporting / dismissal

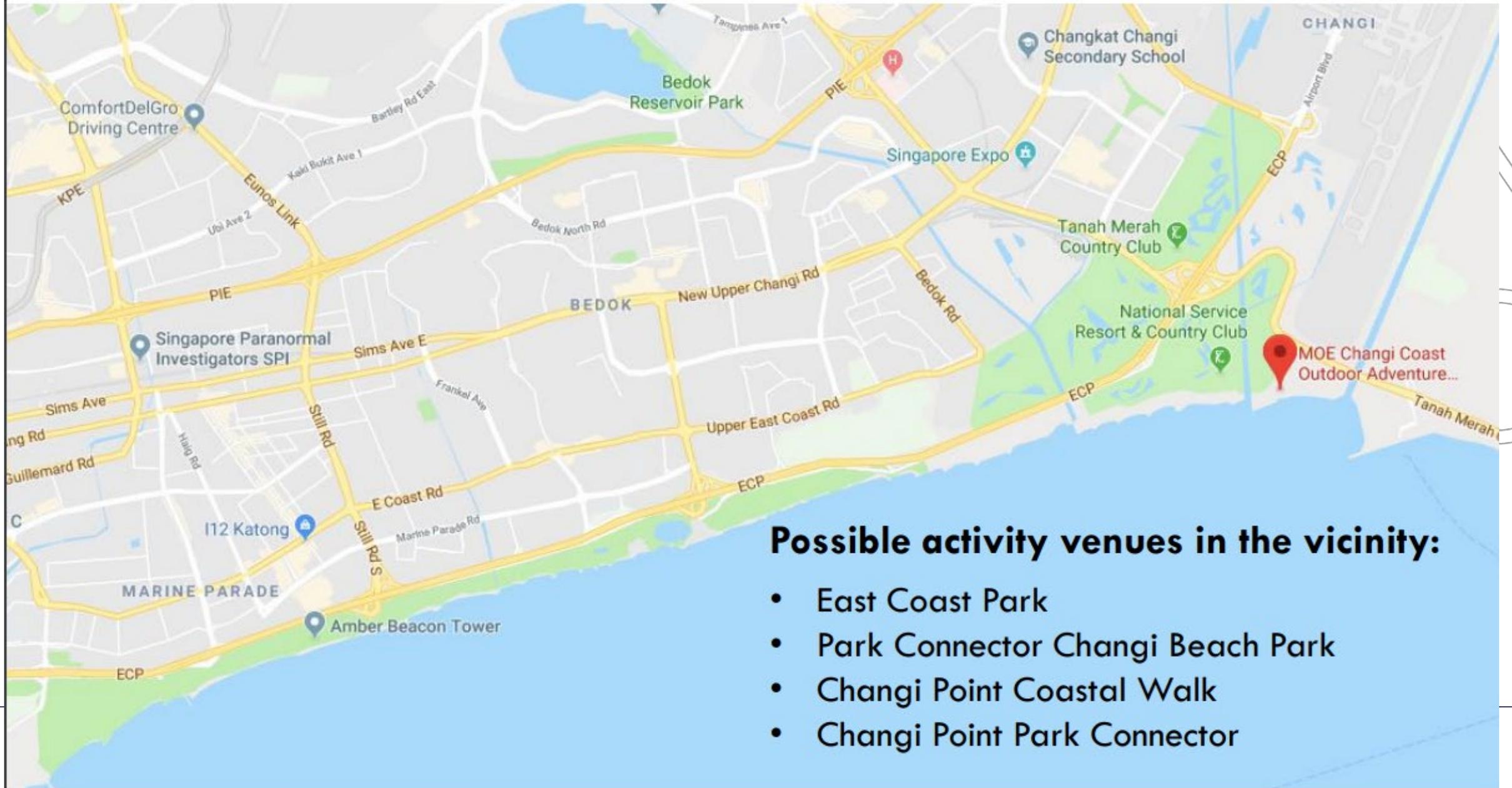
Report at 7:25 am on 26 Oct. Dismissed on 28 Oct, 5:30 pm

Venue

MOE Changi Coast Campsite
9 Changi Coast Walk S499741



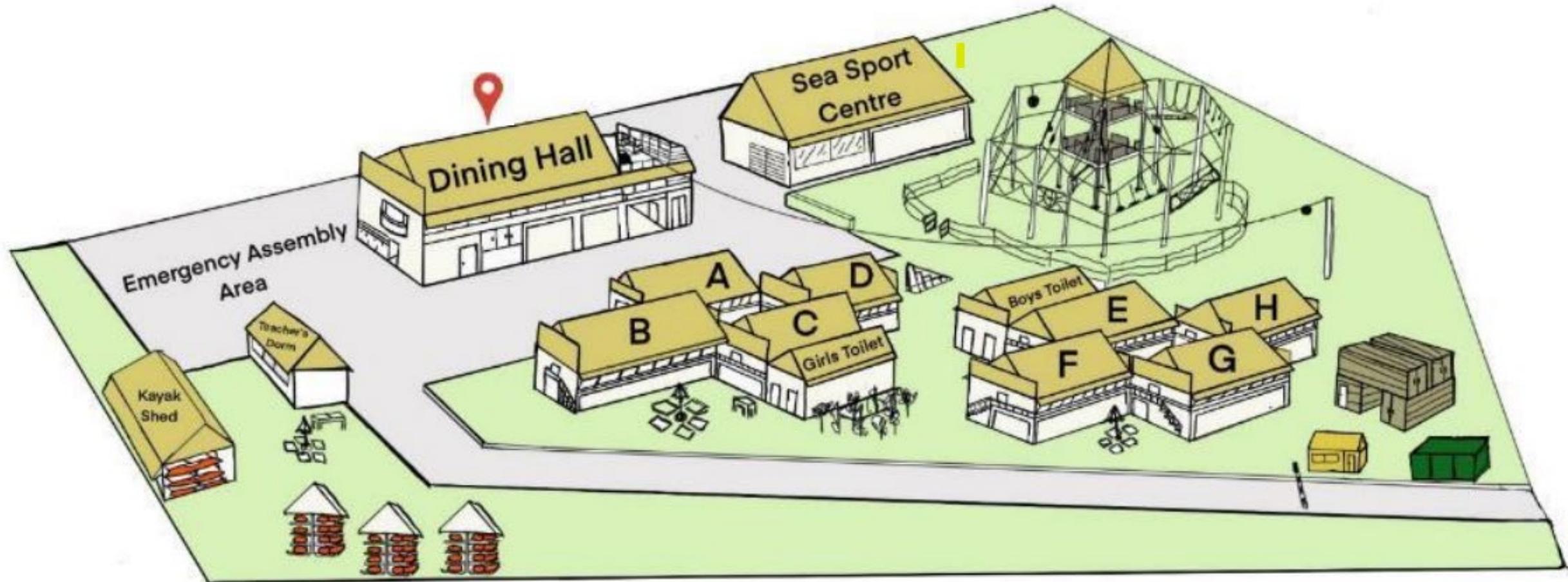
MOE Changi Coast Campsite



Possible activity venues in the vicinity:

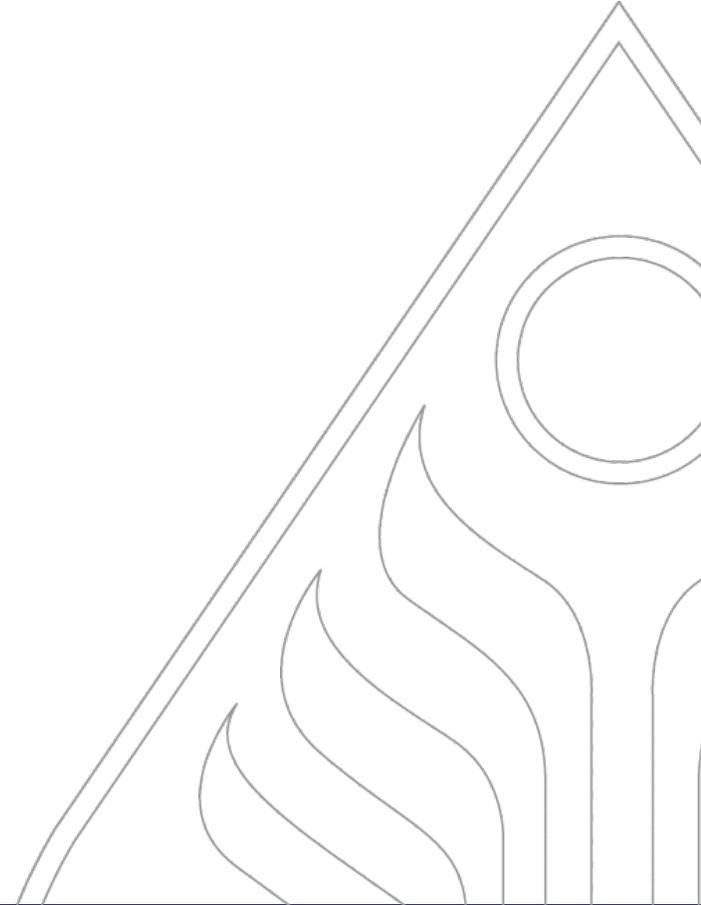
- East Coast Park
- Park Connector Changi Beach Park
- Changi Point Coastal Walk
- Changi Point Park Connector

Centre Layout



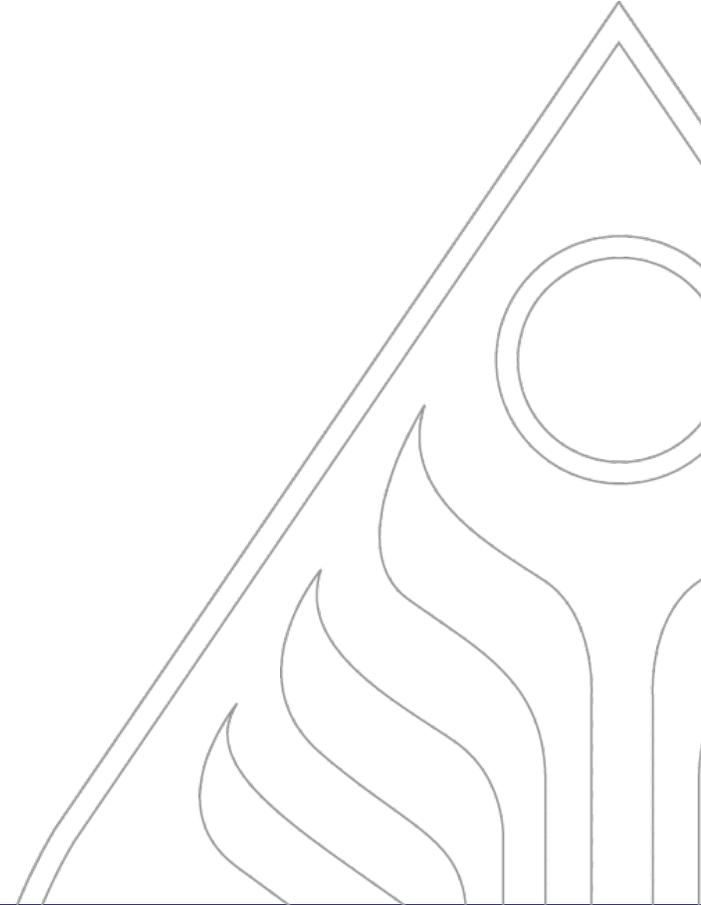
Programme

- Outdoor cooking
- Low elements
- Teambuilding activities
- Night activities
- H2O stories
- Forest trail
- Tent pitching
- Coastal exploration



Meals

- All meals and snacks will be provided
- We will cater to the basic dietary needs
- Cater to special needs
- Please do not bring additional food items



Sleeping and toilets

- Sleeping and toilets will be segregated
- Students will be sleeping in dorms
- Students will need to bring their own sleeping bags



Initiation activities



Ice-breakers
& Energisers



Full Value
Contract



Goal Setting



Team building activities

Communicative & Collaborative Games



Journey

- Preparation before embarking on journey
- Activities along the journey
- Enjoy the place and build relationship



Common plants found near CCOALC

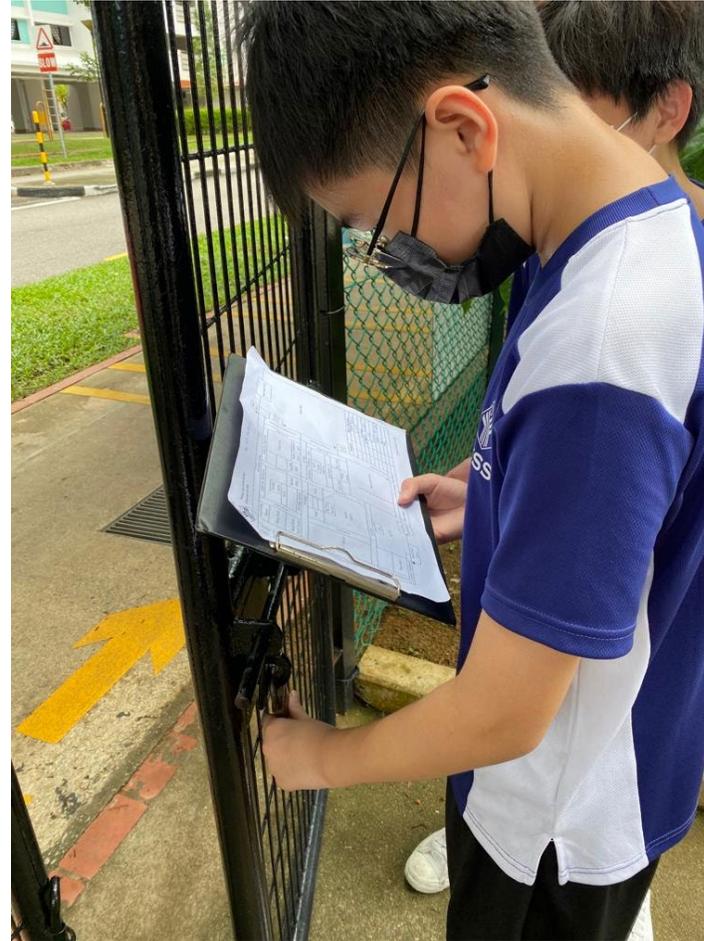


Common animals found near CCOALC



Outdoor living skills

- Navigation
- Shelter building
- Outdoor cooking



Place-based activities

- Have a better sense of place
- Explore and observe the environment at Changi
- Appreciate the relationship between self and environment
- Affordance of flora and fauna in Changi Coast OALC
- Heightened awareness and appreciation of the habitats and environment around us



Night activities



Night Consolidation



Key safety pointers

- Camping activities include low elements, journey, outdoor cooking, as well as placed-based activities such as stream exploration.
- Inherently, there are risks involved in the conduct of these activities. MOE and the school have conducted risk assessments for these activities and put in place appropriate measures to manage these risks to a suitable level for our students.
- **We would like to assure you that the safety of our students is of the highest priority. All necessary precautions to ensure the safety of our students will be taken.**

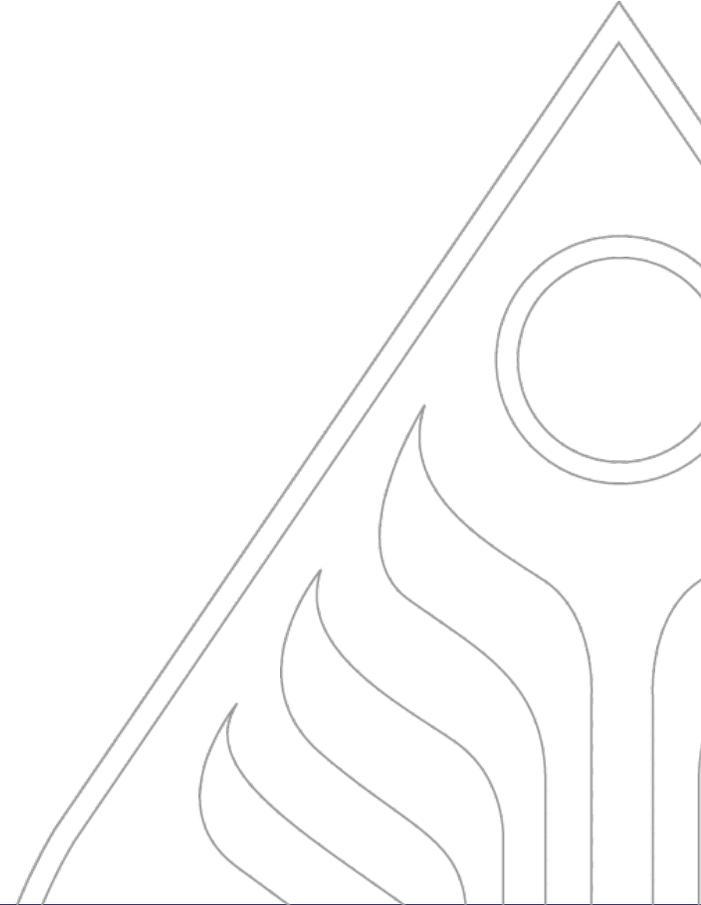


Key safety pointers

- Where applicable, students will have the autonomy to participate at the level of challenge that they are comfortable with.
- The Outdoor Adventure Educators (OAEs) are proficient in outdoor skills and trained in Wilderness First Aid.



Q & A



YISHUN SECONDARY SCHOOL
We Seek We Strive We Soar