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**YISHUN SECONDARY SCHOOL**

4 Yishun Street 71, Singapore 768516 Tel: 68767129 Fax: 67557748

13 December 2023

Dear Parents/Guardian

**Release of the 2023 GCE N(A)- & N(T)- Level Examination Results**

The GCE N(A)- & N(T)- Level results will be released on Monday, 18 December 2023.

Students will be allowed to enter the school to collect their results from 1:30pm onwards. Students are expected to be seated in the school hall by 1:50pm. Parents may accompany their child.

School candidates who are unwell should seek medical attention and not return to school to collect their results.

Students who are unable to collect their results in person can also appoint a proxy to collect a physical copy of their results from the school. Proxies are required to produce the relevant documents for the school's verification when collecting the results.

Keep well and stay safe.

A handwritten signature in black ink, appearing to read 'Regina Lee'.

Mrs Regina Lee  
Principal

**WE SEEK, WE STRIVE, WE SOAR**

## 2023 GCE N-LEVEL RESULTS RELEASE: Supporting Your Teen

Dear Parents/Guardians,

The 2023 GCE N-Level results will be released soon. Regardless of the outcome, it is important for our teens to know that they are loved for the person that they have grown up to be, and that their grades do not define who they are in our eyes. The social and emotional support you provide will be especially necessary and valuable in helping our teens manage their emotions and be positive when deciding on their next steps.

Do take this opportunity to have open conversations with your teen about his/her interests and choices and build his/her pathways together.

### Resources for Parents

For more resources on providing social and emotional support, affirming your teen, and supporting your teen's transition through post N-Level education, please refer to: <https://go.gov.sg/selresforparents>. You can access Educational and Career Guidance (ECG) resources via the *What's Next* pamphlet (<https://go.gov.sg/whats-next-nlevel>) and the *MySkillsFuture* Student Portal (<https://go.gov.sg/MySFSec>).

### ECG Counselling Services

For ECG counselling services, students may contact the ECG Counsellor in their schools or make an ECG counselling appointment with the ECG Centre @ MOE (Grange Road) between 11 to 22 December 2023 via

- Email: [moe\\_ecg@moe.gov.sg](mailto:moe_ecg@moe.gov.sg)
- Appointment booking form: <https://go.gov.sg/moe-ecg-centre>

Please refer to the attached information sheet for more tips and resources on supporting your teen.

Thank you.

# Supporting Your Teen Upon Release of Exam Results

Tips and Resources for Parents



## Providing Social and Emotional Support

Celebrate your teen's efforts. Acknowledge your teen's emotions during this period. Help your teen manage his/her expectations and emotions, especially if he/she has overly high expectations or negative emotions.

Success in life is more than academic achievements and results. Affirm your teen's efforts, and assure him/her that the N-level results do not determine his/her self-worth or how successful he/she will be in future.



Look out for out-of-character behaviours in your teen. Should common signs of stress persist, do seek help and advice from your teen's School Counsellor or a trusted healthcare professional.

You may also wish to inform your teen's new school on his/her well-being so that appropriate support can be given. E.g. monitoring by the teaching staff or School Counsellor.

### Useful Resources:

- [Setting realistic expectations](#)
- [Is your child too stressed?](#)
- [Supporting your child through post-secondary transition](#)

## Providing Education and Career Guidance



Education & Career Guidance

Encourage your teen to explore possible education pathways using resources such as [MySkillsFuture Student portal \(Secondary\)](#) and [What's Next](#), and discuss his/her thoughts with you.

Engage your teen in conversations on his/her interests and support him/her in pursuing his/her aspirations.

Further tips for parents can be found at <http://go.gov.sg/tips-for-parents>



**SCHOOLBAG**  
THE EDUCATION NEWS SITE

Check out articles from Schoolbag (<https://www.schoolbag.edu.sg>) on how we can guide our teens as they explore the paths forward. E.g. [Prepare for the workplace: Grit matters](#), [Getting through tough times with our teens](#), [Discovering hidden opportunities in data science](#).